

## Behavioral Risk Factor Survey

The Behavioral Risk Factor Survey (BRFS) is a random telephone survey, coordinated through the Centers for Disease Control, which collects information from adults on health behaviors and knowledge related to leading causes of death in each of the states. The Behavioral Risk Factor Survey takes approximately 20 minutes to complete with at least 200 respondents from individuals residing in Cumberland County. About half of all deaths occurring annually are now attributed to modifiable behavioral risks. In addition to determining what types of health risks are most prevalent in the population, the BRFS data will be very useful in determining what types of interventions are most needed for other health problems such as excess deaths from a particular chronic disease. A modified version of the standard BRFS was developed specifically for the “Community Diagnosis” process. In addition to the questions on the standard BRFS survey, a series of health issues are listed. The respondent is asked if the issue is a “Definite Problem”, “Somewhat of a Problem”, “Not a Problem”, or “Not Sure”. The list of the health issues with frequency of response as a “Definite Problem” is as follows:

<b>Tobacco Use</b>	<b>46%</b>	
<b>High Blood Pressure</b>	<b>37%</b>	<b>Top Ten Issues Highlighted</b>
<b>Arthritis</b>	<b>34%</b>	
<b>Heart Conditions</b>	<b>31%</b>	
<b>Obesity</b>	<b>29%</b>	
<b>Cancer</b>	<b>29%</b>	
<b>Alcohol Abuse</b>	<b>29%</b>	
<b>Teen Pregnancy</b>	<b>27%</b>	
<b>Drug Abuse</b>	<b>27%</b>	
<b>Health Problems of the Lungs</b>	<b>21%</b>	
<b>Environmental Issues</b>	<b>14%</b>	
<b>Animal Control</b>	<b>14%</b>	
<b>Diabetes</b>	<b>12%</b>	
<b>Violence in the Home</b>	<b>11%</b>	
STD'S	7%	
Mental Health Problems	7%	
Suicide	5%	
Other Violence	4%	

### Percent Saying Definite Problem Cumberland County's Access to Care Issues

Access to Assisted Living Services	7%
Access to Dental Care	6%
Transportation to Health Care	5%
Access to Physicians or Doctors	4%