

Behavioral Indicators (Continued)

- It is estimated 26.5% of Tennesseans smoke cigarettes: 28% male and 25.1% female. Lung cancer is the leading cause of cancer deaths in the United States for both men and women. In the publication “Tennessee’s Healthy People 2000,” Humphreys County averaged 14 lung cancer deaths between 1993-1995. This amounted to a 51.7 rate per 100,000 population and a ranking of 41st in the State for deaths from lung cancer. The county rate is 6% higher than the State rate of 48.7. The county rate is 23% higher than the Year 2000 National Objective of 42.0 deaths from lung cancer per 100,000 population.
- **Mammograms:** Of those females surveyed in Humphreys County, 41% of ages 30-45 and 74% of ages 45-65 have had a mammogram. Of those females having a mammogram, 66% were performed in the past year and 82% were performed within the past two years. As a comparison, 58.7% of Tennessee women over 50 have had a mammogram and clinical breast exam in the past two years (Tennessee BRFS 1995).
- **Clinical Breast Exam:** Seventy-five (75) percent of females ages 30-45 and 91% of females ages 45-65 have had a clinical breast exam. Of those females having a clinical breast exam, 71% were performed within the past year and 84% were performed within the past two years. For purposes of comparison, 90% of females ages 30-45 and 84% of females ages 45-65 in Cheatham County have had a clinical breast exam.
- Humphreys County’s Female Breast Cancer Mortality Rates (1993-1995) are #64 in the State of Tennessee. Breast cancer is the second leading cause of deaths among females in the United States. In the publication “Tennessee’s Healthy People 2000,” Humphreys County averaged 3 deaths from female breast cancer between 1993-1995. This amounts to a rate of 19.6 per 100,000 population. The county’s rate is 13% below the state rate and 5% below the Year 2000 National Objective of 20.6 deaths per 100,000 population from Female Breast Cancer. Early detection and intervention can reduce breast cancer mortality by as much as 30 percent.
- **Pap Smear:** Ninety-five (95) percent of all female respondents in the county report having a Pap smear. Of that number, 67% of the procedures were performed within the past year, and 79% were performed within the past two years. As a comparison, 84.1% of Tennessee women had a pap smear within the past three years (Tennessee BRFS).
- **Health Care Coverage:** Ninety (90) percent of the county respondents report they have health care coverage of some kind. However, 40% feel their coverage limits the care they receive and 14% report they needed to see a doctor but could not because of the cost. According to the 1995 Behavioral Risk Factor Surveillance Data, 11.3% of all Tennessee residents are estimated to have no health care plan and 12.3% were unable to see a doctor due to cost.
- **Quality Of Health:** Sixty-nine (69) percent of the respondents had a checkup within the past year, and 83% had a checkup within the past two years. Sixty-four (64) percent of the respondents indicated their quality of health as “good” or better while thirty-two (32) percent reported their quality of health as “fair or poor.” As a comparison, 17.7% of residents statewide rated their general health status as fair to poor (1995 Tennessee BRFS).