

After review of the data from the BRFSS, the council divided the information into three areas. The first area is personal health practices. Five key factors were identified as concerns for the health of the overall community. These issues were then compared to Healthy People: 2000. Table 6 lists the practices of concern with the year 2000 goal for the nation.

Table 6

Reported Health Practices	BRFS % of Respondents	Year 2000 Goal
Exercise (no exercise in last month)	21%	15%
Smoking (currently smoke)	30%	15%
Have high blood pressure	22%	(No Goal)
Advised to lose weight	18%	(No Goal)
Have Diabetes	7.1%	(No Goal)

The second area is Health Risk and the third area is Access to Care. These two areas were divided into two categories; 1.) Community issues and 2.) Access to health care. Charts 2a and 2b identify the top responses in these two categories

**Chart 2a
Community Issues
% Saying "Definite Problem"**

