

# *Future Planning*

Through the Community Diagnosis Process, it was determined that the top issue of concern was the teen alcohol and drug abuse problem in Overton County. The future plans of the Overton County Health Council are to go through the action planning steps.

## **Taking Action Outline**

The *Taking Action* cycle is a systematic approach to problem solving. There are five phases of the cycle:

<b>A</b>	Phase 1	<u>A</u> ssess the Situation
<b>C</b>	Phase 2	Determine <u>C</u> auses
<b>T</b>	Phase 3	<u>T</u> arget Solutions
<b>I</b>	Phase 4	Design <u>I</u> mplementation
<b>ON</b>	Phase 5	Make it <u>O</u> ngoing

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### **Phase 1**      Assess the Situation

- Identifying priority health issue.
- Answering the question, “How does the priority health issue affect your community?”
- Writing mission statement based on answers to questions.
- Making decision to pursue health-related concern or to select another ingredient to work on.
- Listing community resources that could be applied to the priority health issue.
- Developing answers to the following questions:
  - Who** are the people/group being targeted?
  - What** do they need?
  - Where** do they need it?
  - When** is it needed?
- Identifying additional data and ways to gather information.

### **Phase 2**      Determine Causes

- Reviewing who, what, where, and when for current health concerns and introduction to the “why”.
- Discussing possible causes and the difference between a cause and a symptom.
- Listing causes of the problem, grouping them, and identifying the ones that are creating the problem issue.
- Identifying additional data that may be needed from the target group.