

## Behavioral Risk Factor Survey

The Behavioral Risk Factor Survey (BRFS) is a random telephone survey, coordinated through the Centers for Disease Control, which collects information from adults on health behaviors and knowledge related to leading causes of death in each of the states. About half of all deaths occurring annually are now attributed to modifiable behavioral risks. In addition to determining what types of health risks are most prevalent in the population, the BRFS data will be very useful in determining what types of interventions are most needed for other health problems such as excess deaths from a particular chronic disease. A modified version of the standard BRFS was developed specifically for the “Community Diagnosis” process. In addition to the questions on the standard BRFS survey, a series of health issues are listed. The respondent is asked if the issue is a “Definite Problem”, “Somewhat of a Problem”, “Not a Problem”, or “Not Sure”. The list of the health issues with frequency of response as a “Definite Problem” is as follows:

<b>Tobacco Use</b>	<b>64%</b>	
<b>Cancer</b>	<b>52%</b>	<b>Top Ten Issues Highlighted</b>
<b>High Blood Pressure</b>	<b>43%</b>	
<b>Arthritis</b>	<b>43%</b>	
<b>Heart Conditions</b>	<b>39%</b>	
<b>Alcohol Abuse</b>	<b>32%</b>	
<b>Health Problems of Lungs</b>	<b>28%</b>	
<b>Obesity</b>	<b>24%</b>	
<b>Diabetes</b>	<b>20%</b>	
<b>Drug Abuse</b>	<b>20%</b>	
Teen Pregnancy	18%	
Animal Control	15%	
Environmental Issues	9%	
Violence in the Home	6%	
STD’S	3%	
Other Violence	3%	
Suicide	2%	
Mental Health Problems	2%	

### Pickett County’s Access to Care Issues Percent Saying Definite Problem

Access to Hospitals	36%
Access to Dental Care	31%
Access to Prenatal Care	9%
Transportation to Health Care	9%
Access to Nursing Home Care	7%
Access to Assisted Living Services	6%
Access to Birth Control Methods	5%
Access to Physicians and Doctors	5%
Access to Pharmacies, Medicines	2%