

## Behavioral Indicators (Continued)

publication “Tennessee’s Healthy People 2000,” Stewart County averaged 10 lung cancer deaths between 1993-1995. This amounted to a 56.5 rate per 100,000 population and a ranking of 24<sup>th</sup> in the State for deaths from lung cancer. The county rate is 16% higher than the State rate of 48.7. The county rate is 35% higher than the Year 2000 National Objective of 42.0 deaths from lung cancer per 100,000 population.

- **Mammograms:** Forty-five (45) percent of females ages 30-45 and 82% of females 45-65 have had a mammogram. Of those females having a mammogram, 61% were performed in the past year and 73% were performed within the past two years. As a comparison, 58.7% of Tennessee women over 50 have had a mammogram and clinical breast exam in the past two years (Tennessee BRFS 1995).
- **Clinical Breast Exam:** One-hundred (100) percent of females ages 30-45 and 88% of females ages 45-65 have had a clinical breast exam. Of those females having a clinical breast exam, 73% were performed within the past year and 85% were performed within the past two years. For purposes of comparison, 90% of females ages 30-45 and 84% of females ages 45-65 in Cheatham County have had a clinical breast exam.

Stewart County’s Female Breast Cancer Mortality Rates (1993-1995) are #89 in the State of Tennessee. During 1994, there were no cases of Female Breast Cancer reported in the county. Breast cancer is the second leading cause of deaths among females in the United States. In the publication “Tennessee’s Healthy People 2000,” Stewart County averaged 1 death of females from breast cancer between 1993-1995. This amounts to a rate of 10.9 per 100,000 population. The county’s rate is 52% below the state rate and 47% below the Year 2000 National Objective. Early detection and intervention can reduce breast cancer mortality by as much as 30 percent.

- **Pap Smear:** Ninety-eight (98) percent of all female respondents report having a pap smear. Of that number, 77% of the test were performed within the past year, and 84% were performed within the past two years. As a comparison, 84.1% of Tennessee women had a pap smear within the past three years (Tennessee BRFS).
- **Health Care Coverage:** Ninety-four (94) percent of respondents report they have health care coverage of some kind. However, 40% feel their coverage limits the care they receive and 15% report they needed to see a doctor but could not because of the cost. According to the 1995 Behavioral Risk Factor Surveillance Data, 11.3% of all Tennessee residents are estimated to have no health care plan and 12.3% were unable to see a doctor due to cost.
- **Quality Of Health:** Seventy-six (76) percent of respondents had a checkup within the past year, and 85% had a checkup within the past two years. Sixty-two (62) percent of the respondents indicated their quality of health as “good” or better while thirty-six (36) percent report their quality of health as “fair or poor.” As a comparison, 17.7% of residents statewide rated their general health status as fair to poor (1995 Tennessee BRFS).