

- According to the EMS report compiled by Trousdale County Medical Center, cardiovascular-related conditions were the number one medical condition encountered (this covers cardiac arrest, cardiac problems, chest pain, and stroke).
- Heart disease is the leading cause of death for ages 45-64 and 65+ according to Department of Health data for years 1983-1994. It also accounts for the most overall years of life lost.
- According to the 1996 “Healthy People 2000” report, Trousdale County’s rate of stroke was 43.3 per 100,000, higher than the state rate of 34 and the national objective of 20. For heart disease, the County is above the national objective of 100 per 100,000, with a rate of 151 per 100,000. This is also above the state rate of 134.8.

Breast Cancer

- According to the 1997 Trousdale County “Community Survey”, 73% saw breast cancer as a problem in the community.
- According to the 1997 “Behavior Risk Factor Survey” for the county, 63% of female respondents had had a breast exam within the last 1-2 years. 74% practiced breast self-exam, while 37% of those age 45+ had not had a mammogram.
- Breast Cancer is the second leading cause of cancer in the county, according to Department of Health Data. The 1990-1992 three year age-adjusted rate is 75.1 per 100,000, second only to lung cancer with a rate of 79.5. Rates for breast cancer are below both the region and state. Deaths from breast cancer were also below the national objectives according to the 1996 “Healthy People” report, with a rate of 8 per 100,000, as opposed to national of 20.6 and state of 22.4.

Teen Pregnancy

- According to the 1997 Trousdale County “Community Survey”, 37% of respondents “don’t know” about family planning services available in the community.
- According to the 1997 “Behavior Risk Factor Survey”, approximately 42% of respondents saw teen pregnancy as a problem in the county.
- According to the 1996 “Kids Count” report, teen pregnancy rate per 1,000 females ages 15-17 was 97.3, representing a 158.1% increase since 1992.
- In the 1996 “Healthy People” report, there were eight pregnancies per year for the 1991-1993 period. This represents a rate of 7.3% of total births to females aged 10-17, which is higher than the state percentage of 6.6%. There is no national objective yet.
- Department of Health data shows twelve year increases (1983-1994) of 10.2% in ages 10-14, and 51.1% in ages 15-17 in terms of number of pregnancies per 1,000.

Lack of Awareness of Services

- People are not knowledgeable of services in the county. One example discussed by the Council is Trousdale County Medical Center. The Center conducted a marketing survey and found that approximately 49% did not know nor had no opinion about the services of the hospital. Due to changes in hospital management, many have held