



LEADING HEALTH INDICATORS . . . Touch Everyone

Healthy People 2010, a broad-based collaborative effort among government, private, public, and nonprofit organizations, has set national disease prevention and health promotion objectives to be achieved by the end of this decade. The effort has two overarching goals: to increase the quality and length of healthy life and to eliminate health disparities.



Healthy People 2010 features 467 science-based objectives and 10 Leading Health Indicators, which are a smaller set of objectives chosen to track progress toward meeting *Healthy People 2010* goals.

The Leading Health Indicators represent the important determinants of health for the full range of issues in the 28 focus areas of *Healthy People 2010*. The chart indicates which indicators are most closely related to each of the 28 focus areas and suggests opportunities for collaboration across focus areas.

Focus Area	Leading Health Indicators									
	Physical Activity	Overweight and Obesity	Tobacco Use	Substance Abuse	Responsible Sexual Behavior	Mental Health	Injury and Violence	Environmental Quality	Immunization	Access to Health Care
Access to Quality Health Services	✓	✓	✓	✓	✓	✓	✓		✓	✓
Arthritis, Osteoporosis, and Chronic Back Conditions	✓	✓					✓			
Cancer	✓	✓	✓	✓	✓				✓	✓
Chronic Kidney Disease	✓	✓	✓					✓		
Diabetes	✓	✓	✓						✓	✓
Disability and Secondary Conditions	✓	✓	✓	✓		✓			✓	✓
Educational and Community-Based Programs	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Environmental Health								✓		
Family Planning				✓	✓					✓
Food Safety								✓		✓
Health Communication	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heart Disease and Stroke	✓	✓	✓					✓		
HIV				✓	✓	✓				✓
Immunization and Infectious Diseases									✓	✓
Injury and Violence Prevention			✓	✓		✓	✓			
Maternal, Infant, and Child Health	✓	✓	✓	✓	✓	✓	✓		✓	✓
Medical Product Safety					✓					
Mental Health and Mental Disorders			✓	✓	✓	✓				✓
Nutrition and Overweight	✓	✓	✓			✓				
Occupational Safety and Health				✓			✓	✓		
Oral Health		✓	✓	✓				✓		✓
Physical Activity and Fitness	✓	✓	✓		✓	✓		✓		
Public Health Infrastructure	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Respiratory Diseases	✓		✓					✓		
Sexually Transmitted Diseases				✓	✓					
Substance Abuse			✓	✓	✓		✓			✓
Tobacco Use			✓					✓		✓
Vision and Hearing										✓

For more information about the *Healthy People 2010* Leading Health Indicators www.healthypeople.gov/lhi.

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